

WORKPLACE TOOLKIT

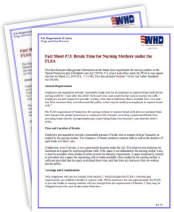
WORKPLACE



Michigan Breastfeeding Network

MIBFN
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The following tools and additional resources are available at mibreastfeeding.org/workplace



1) Fact Sheet #73: Break Time for Nursing Mothers under the FLSA

This resource is provided by the US Department of Labor and provides an overview of the federal breastfeeding accommodations that employers must provide through the amendment to Section 7 of the Fair Labor Standards Act (FLSA).



2) Michigan Breastfeeding-Friendly Workplace Awards Overview & Application

These awards honor employers who go above and beyond the Break Time for Nursing Mothers Law to provide lactation accommodations to support working families.



3) Free Workplace Door Hangers

You can order free door hangers for breastfeeding employees to use where they express their milk.



4) Sample Workplace Lactation Policy

Employers should have a written policy to provide consistent accommodations to all employees and discuss this with employees when they are discussing maternity leave.



5) Print and Share Resources

MIBFN offers free, printable files that can be downloaded for email or to print and distribute. Share them widely!