1) Guide to Breastfeeding and Incarceration

This guide can be used to advocate for change for women in prison to breastfeed their children and provide pathways for such action, to provide guidance to prisons in order to create policies/programs that enable and encourage incarcerated mothers to breastfeed and to inform and educate women in the penal system about breastfeeding.

2) List of Resources

This is a growing list of resources for advocates who are seeking information that will benefit a breastfeeding mother who is incarcerated.

3) Story Sharing Platform

This Story Sharing Platform is a survey which has been created to collect stories from incarcerated mothers and breastfeeding advocates who work to protect their rights, as well as legal teams, hospital staff, and prison staff. To view the survey or add your own story, visit: www.mibreastfeeding.org/Incarceration

4) Sample Letters & 2 Sample Prison Lactation Policies

We have provided to letter templates that an be personalized.

1) Sample Letter- To Judge -This letter is to be addressed to a judge and signed by a lactation professional or pediatrician.

2) Sample letter from ACLU to Judge - This is a real example of a letter from a Michigan ACLU office to a prison, on behalf of a breastfeeding inmate. Names have been removed.

3) 2 Sample Prison Lactation Policies - These are real prison lactation policies that are currently in use. They can be edited and adapted to fit any prison’s needs.