centering black and indigenous breastfeeding families

community support organizations continue to serve families during the covid-19 pandemic.

fast facts

- 46 lactation supporters attended
- 34 breastfeeding groups represented
- 24 covid-19 resources shared and discussed

main themes

needs

- equitable distribution of resources
- universal birth and breastfeeding standards that center black and indigenous families
- access to internet and hipaa-compliant telehealth for lactation support
- equitable compensation for skilled lactation care
- continued education for families on breastfeeding and covid-19
- inclusion of advocacy components in august breastfeeding observances
- story sharing to include families in the work and lend itself to control the narrative for breastfeeding support

barriers

- hospital policies restricting access to lactation support
- lack of telehealth access for some families due to barriers including no internet access and distrust due to the current and historical exploitation of health information of black and indigenous peoples
- continuity of care and lack of communication on who is providing what services in each community
- breast pump miscommunication with insurance, WIC, families and also physically transferring breast pump to families

visit mibreastfeeding.org/covid-19 to view main themes from all of the local coalition meetings, covid-19 resources, and more.